



New SPP Resources – Mealtime Management Plan and Policy Template (NDIS)

Issued 13/12/2021

This SPP Alert provides notice of two new resources that are now available in the Reading Room.

The resources relate to the new **Mealtime Management Practice Standard**, which has been added into Standard 4 (Provision of Supports Environment) in the Core Module, as part of the November 2021 additions and changes to the **NDIS Practice Standards and Quality Indicators**.

The new Mealtime Management Practice Standard requires that:

- providers identify participants who require mealtime management;
- each participant requiring mealtime management has their needs comprehensively assessed by a qualified health practitioner;
- a qualified health practitioner prepares a mealtime management plan for each of those participants; and
- all workers providing mealtime management understand the particular needs of each of those participants, have access to their mealtime management plans, and have the necessary training and skills to prepare and provide safe meals for them.

Those participants should receive meals that are:

- Nutritious,
- Appropriately planned,
- Of a texture appropriate to the participant's needs,
- Meeting the participant's preferences, and
- Stored in accordance with health standards.

To help you address the new requirements, we have developed two new Mealtime Management resources:

- ❖ Policy: Mealtime Management (Disability)
- ❖ Template: Mealtime Management Plan

The policy template will help providers to ensure their mealtime management processes establish that meals are provided safely, participant needs and preferences are met, and meals are stored appropriately according to health standards.

The mealtime management plan template will help providers to ensure and demonstrate that mealtime planning has been conducted in accordance with the requirements of the NDIS Practice Standards, and that all workers understand the individual needs and preferences of each participant.

For more information about the November 2021 updates to the NDIS Practice Standards, take a look at our [blog post](#) detailing the changes. In addition, when you next log in, you can find on the Home Page a helpful document that highlights all of the changes to the NDIS Practice Standards.

To see the new templates, please [log in to your SPP account](#), and search for them using the Reading Room search bar. They have also been linked to relevant questions in our new Mealtime Management assessment module.